

# The Mane Bit

#### HARROGATE HILLS' MONTHLY NEWSLETTER

**NOVEMBER 15, 2024** 

The kindest treatment of the horse is gained through knowledge.

# Exciting new opportunity for July 2025 camp programs

This year, we are offering a new and exciting opportunity related to our summer camp and LIT program.

Does your child have a friend they want to share summer camp memories with? Over the years, we've noticed that many children enjoy camp even more when they share it with their friends.

If your child refers a friend who is new to Harrogate Hills Riding School, they are both eligible, upon registration and full payment, to receive a 20% discount off our regular July camp fees.

Act now before November 28th to be eligible for this limited time offer.

After November 28, our early bird discounts will apply (see pricing information on pages 2 and 7 of this newsletter). Only one discount can be applied to each student's July 2025 camp registration and the referred applicant must be a new student to Harrogate Hills Riding School.

## CALENDAR of EVENTS



Saturday, December 7
SANTA CLAUS PARADE IN
MOUNT ALBERT

Sunday, December 8
(5:00 – 8:00pm)

HARROGATE POT LUCK
CHRISTMAS PARTY
AND MUSICAL RIDE

Friday, December 13 (4:30 - 7:00pm) CHRISTMAS FESTIVITIES NIGHT

For more information on any of these events please email info@harrogatehills.ca

## LEADER IN TRAINING (LIT) PROGRAM



Harrogate Hills has been in the business of teaching people how to ride since 1985. Over the last four decades, we have been amazed at horses' positive impact on humans, particularly young people. The rewarding feedback we receive from parents and teachers have continued to validate our belief that the skills the horse teaches are transferable to life outside of the riding school.

The challenges that some children have been experiencing, especially in the last few years, have been very apparent to us. It was with that in mind that we

decided to create the **Leader in Training Program**. It is dedicated to bringing out
the best in young people by inviting
them to connect with our horses.

If your young horse lover hopes to have their own horse(s) one day, this program immerses them in hours of hands-on experience with the horses and teaches them what to expect. LITs will leave the program understanding what it takes to keep horses healthy, comfortable, and happy, all while building their own interpersonal skills.

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#### **PERSONAL LEARNING GOALS**

- Engage in active listening by taking into account the perspective of others;
- Practice problem-solving when presented with potentially unsafe scenarios;
- Build self-awareness by discussing their own strengths and weaknesses;
- Understand different leadership styles and how they impact daily interactions;
- Enhance healthy verbal and nonverbal communication skills;
- Practice teamwork skills by providing insight into group interactions;
- Build resilience by expanding personal comfort zones;

- Encourage empathy by staying mindful of the needs of others;
- Improve impulse control by modelling appropriate behaviour;
- Develop a strong work ethic and practice suitable assertiveness in different situations;
- Build self-confidence by focusing on participants unique gifts and skills.



## TRIVIA QUESTION:

From 1985 to 1995, Harrogate Hills Riding School was originally located in what town?

The answer will be in next month's issue of The Mane Bit.

#### TRIVIA GUIDELINES

- Place your answer in the box found in the lounge and include your name and contact information.
- There will be a random draw from the correct submitted answers and one person will win a prize.
- The winner will be announced in the following month's Newsletter.





SESSION	DATES	REFER A FRIEND 20% discount if paid IN FULL by Nov 28, 2024	<b>\$50 DISCOUNT</b> if paid <i>IN FULL</i> by Dec 31, 2024	<b>\$25 DISCOUNT</b> if paid <i>IN FULL</i> by Jan 31, 2025	REGULAR FEE if paid after Feb 1, 2025
One	June 30- July 4	\$340.00	\$375.00	\$400.00	\$425.00
Two	July 7-11	\$340.00	\$375.00	\$400.00	\$425.00
Three	July 14-18	\$340.00	\$375.00	\$400.00	\$425.00
Four	July 21-25	\$340.00	\$375.00	\$400.00	\$425.00
Five	July 28- Aug 1	\$340.00	\$375.00	\$400.00	\$425.00

LIMITED TIME OPPORTUNITY!

All prices include HST.

If you prefer to pay in two installments, a currently dated \$200.00 deposit cheque and another cheque dated June 30, 2025 for the balance **must** accompany all registration forms.

\*Please note: Discounts DO NOT apply unless camp fees are PAID IN FULL by discount date.





## **CELEBRATING CASH**

There are so many things in life that get easier the more you do it...like driving a car or using a computer. Going to gym or even riding a horse can hurt in the beginning but over time our bodies can get stronger and

more used to it.

But then there are other things that stay difficult and painful no matter how many times you perform the task, and that point was brought home quite profoundly last month with the loss of our dear little Cash.

For anyone who wasn't sure, *Cash* was

the answer to last month's trivia question: Who is currently Harrogate Hills' most successful racehorse?

That we used him for our trivia question in

October speaks to how unexpected his passing was.

Even though he was 26, he was still in great health and participating, in his own unique way, in the riding lessons.

He had lost some of his vaguely volatile habits and had graduated to helping less experienced students, but he was still enjoying the attention he received from all his riders.

Some of us remember how he was when he first

came to Harrogate and the idea that he would ever carry little beginners around would have been hard to imagine.

In his youth he was athletic, opinionated, and a bit arrogant. (He never really lost these traits; the passage of time just tempered them.) He seemed to know that he could pace faster than his new colleagues could gallop and he often raced them along the fence lines, effortlessly leaving them in his



wake. He could jump with surprising agility and scope for a little guy but sometimes it was difficult to discern what his legs were doing for the first few strides after the jump. His racing gait of pacing seemed to be his 'go to' solution until he found his balance. Sometimes, just to prove how outstanding his balance was, he would stage a mini explosion, showing us just how athletic he really was.

But perhaps more than anything, Cash endeared himself to us by giving us so many opportunities to laugh over the years. He truly was one of the funniest little horses I have ever known, and he always seemed clever enough to get the joke and enjoy the 'laugh' with us.



Sara Potter with Cash at Tartan Mews, off property schooling circa 2014.

Any time he was turned out, if we noticed he had chosen to lie down to roll, everyone stopped and gathered to watch. We would eagerly wait as he had his leisurely, luxurious dirt bath because we knew almost always he would be gearing up to put

on an amazing display. He would leap to his feet, fling his front legs somehow almost over his head and twist and leap in the air like he'd been hit with an electric jolt. If you've ever seen videos of cats twisting and leaping about, imagine that but with almost a half ton of horse attached for the show.

It's only been the last few years that he would often just lie there after his roll, rub his face on his knee and then heave himself up and walk away. It made his less frequent exhibitions even that much more special.

If he decided that something warranted an excited response, he would join his



Nick Clulow and Cash, circa 2006. The early days at Harrogate Hills.

colleagues in tearing around the field. However long after his paddock mates had returned to eating, we would watch Cash, totally caught up in the moment and the joy of speed, racing around his now still colleagues. Often, we'll film a new horse as we introduce them to the others in the field. Generally, all the other horses will gather around the new horse, but Cash would just tear around the perimeter of the field at full speed. We have so many

## He truly was one of the funniest little horses I have ever known.

comical videos of this little bay fireball streaking into and out of the frame again and again.

I am glad I have pictures and videos of Cash and after

having him in our midst for more than two decades, we have quite a lot.

But while they provide a nice memory, they don't quite capture the unique and mischievous nature of one of my favourite horses of all time. And those pictures certainly can't fill the cavernous hole he left in so many hearts.

Rest in Peace Cash, and from all of us at Harrogate Hills, **thanks**.





Winning race photo from Cash's days at the Standardbred race track, August 17, 2001.































#### PRICINC FOR 2025

KING

Sunday, January 26 @ 2:00 pm

at the Princess of Wales Theatre



F SESSION	DATES	REFER A FRIEND 20% discount if paid IN FULL by Nov 28, 2024	<b>\$50 DISCOUNT</b> if paid <i>IN FULL</i> by Dec 31, 2024	<b>\$25 DISCOUNT</b> if paid <i>IN FULL</i> by Jan 31, 2025	REGULAR FEE if paid after Feb 1, 2025
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Five	July 28- Aug 1	\$340.00	\$375.00	\$400.00	\$425.00

Please note: Discounts DO NOT apply unless camp fees are PAID IN FULL by discount date.



### PRICING FOR 2025 SUMMER PROGRAM



They thank you for your

continued support!

SESSION	DATES	REFER A FRIEND 20% discount if paid IN FULL by Nov 28, 2024	<b>\$75 DISCOUNT</b> if paid <i>IN FULL</i> by Dec 31, 2024	<b>\$30 DISCOUNT</b> if paid <i>IN FULL</i> by Jan 31, 2025	REGULAR FEE if paid after Feb 1, 2025
One	June 30- July 4	\$540.00	\$600.00	\$645.00	\$675.00
Two	July 7-11	\$540.00	\$600.00	\$645.00	\$675.00
Three	July 14-18	\$540.00	\$600.00	\$645.00	\$675.00
Four	July 21-25	\$540.00	\$600.00	\$645.00	\$675.00
Five	July 28- Aug 1	\$540.00	\$600.00	\$645.00	\$675.00

All prices include HST.

If you prefer to pay in two installments, a currently dated \$300.00 deposit cheque and another cheque dated June 30, 2025 for the balance **must** accompany all registration forms.

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# CHRISTMAS At the Barn

POTLUCK

MUSICAL RIDE @ 6:30pm

RAFFLE

Sunday, December 8th



Starts @ 5:30pm ALL ARE WELCOME





The kindest treatment of the horse is gained through knowledge.