MARCH BREAK 5 day INTENSIVE BOOTCAMP





We've been having so much fun with the *Jump Schools* and want to keep the momentum going! Get ready for show season by joining us for our **5-day**Intensive Bootcamp

over the March Break.

If you're planning to show this year, this Bootcamp is the perfect opportunity for more experienced riders to get in extra miles and build confidence before show season kicks off!

What we will be practicing:

- Working in all three seat positions, with and without stirrups
- Using different releases over fences
- Riding balanced turns and corners in canter
- Developing balanced and efficient simple changes
- Putting it all together over a series of fences
- Counting strides and measuring distances
- Reflecting on what the judge will be looking for
- Protective gear for horses over fences
- Braiding practice and other expected elements of rider and horse turnout

18786 McCowan Road, Mount Albert, ON L0G 1M0 info@harrogatehills.com | 905-473-3847 www.harrogatehills.com



March 10-14, 2025

\$595.00 for all 5 days





Monday, March 10 Wednesday, March 12 Friday, March 14

3 full days of fun!

March Break Camp is a great opportunity for less experienced riders to get the horse time that helps to develop foundational horsemanship and riding skills.

Camp participants will have a one-hour riding lesson in the morning, while the afternoon is spent with the horses in the barn.

Our goal is always to have riders spend as much hands-on time with the horses. Participants will learn about the fundamentals of stable management, how the horse communicates, how to tell if the horse is healthy, and some basic first aid tools for when he's not.

- One-hour lesson on the horse in the morning (all our beginner riders have assistance). The main focus of the lessons will be understanding non-verbal communication with the horse, how the rider impacts the horse's natural balance, and reviewing the important principles of riding.
- Learn how to safely groom
- Learn the procedures that keep students safe while enjoying the horses
- Learn how the horse sees the world
- Learn to better understand his behaviour
- Learn about different injuries and ailments
- Learn what is required to meet his nutritional needs
- Learn how to keep your horse healthy and comfortable

\$120 for one day | **\$115**/day for two days | **\$105**/day for three days



18786 McCowan Road, Mount Albert, ON L0G 1M0 info@harrogatehills.com | 905-473-3847 www.harrogatehills.com